



FACT SHEET



Spinal Injury

1. After DRSABCD, swift immobilization is the highest priority

- Do not move the patient unless they are in danger

2. Place in recovery position supporting neck and head at all times

3. Support the patient's head and neck

- Place hands on each side of head until support is arranged
- Apply a cervical or improvised collar to minimize neck movement

4. Call Triple Zero (000) for an ambulance

WARNING

Take extreme care at all times to maintain alignment of the neck and spine.

If the patient is unconscious as a result of a head injury, always suspect a spinal injury.



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The above information is the recommended action to take during an emergency situation. Excite Safety Training recommends that First Aid training be obtained and that these tools and information are not a replacement for obtaining First Aid training. Excite Safety Training will in no way be held responsible for the incorrect application or misuse of this information.