



FACT SHEET



Eye Injuries

1. Support patient's head

- Keep as still as possible
- Ask patient to try not to move eyes

2. Flush eye with cool, running water

- If chemical or heat burn, or smoke in eyes

3. Place dressing over eye

- Place a sterile pad or dressing over injured eye
 - Ask patient to hold pad/dressing in place
 - Bandage pad/dressing in place, covering injured eye
 - If a penetrating eye injury, lie patient on back, place pad around object and bandage in place
- ### 4. Call Triple Zero (000) for an ambulance

WARNING

DO NOT touch the eye or any contact lens.

DO NOT allow patient to rub eye.

DO NOT try to remove any object which is penetrating the eye.

DO NOT apply pressure when bandaging the eye.

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The above information is the recommended action to take during an emergency situation. Excite Safety Training recommends that First Aid training be obtained and that these tools and information are not a replacement for obtaining First Aid training. Excite Safety Training will in no way be held responsible for the incorrect application or misuse of this information.