



# FACT SHEET



---

## Electric Shock

---

---

### **1. Check for danger to yourself and Bystanders.**

**Do not approach the patient.**

### **2. Switch off power before trying to help the patient.**

### **3. Remove the patient from the electrical supply without directly touching them.**

- Use a non-conductive, dry material, e.g. dry wooden broom handle.

### **4. Apply DRSABCD to the patient.**

### **5. Wash and cool the burnt area under running water. (minimum 20 mins)**

### **6. Cover burn with non-adherent burns dressing**

- Plastic wrap, clean dressing or loosely applied aluminum foil.
- Downed power lines:**
- Remain at least 6 meters from any cable
  - Do not attempt to remove the cable
  - Do not go near a vehicle or try to remove a person from a vehicle being touched by a high voltage cable.

- Advise the patient not to move.
- 

---

### **WARNING**

Be careful in wet areas such as bathrooms and when raining since water conducts electricity



---

Excite Safety Training Pty Ltd

PO Box 735 Cronulla NSW 2230

Ph: 0432 614 963

[www.excitesafety.com.au](http://www.excitesafety.com.au)

[enquiries@excitesafety.com.au](mailto:enquiries@excitesafety.com.au)

The above information is the recommended action to take during an emergency situation. Excite Safety Training recommends that First Aid training be obtained and that these tools and information are not a replacement for obtaining First Aid training. Excite Safety Training will in no way be held responsible for the incorrect application or misuse of this information.