



FACT SHEET



Burns & Scalds

1. Follow DRSABCD

2. Extinguish burning clothing

- STOP DROP AND ROLL

Pull patient to ground wrap in blanket, jacket or similar then roll patient along ground until flames extinguished

- If a scald, quickly remove patient's wet clothing from affected area

3. Hold burnt area under cold running water for a minimum of 20 minutes

4. Remove jewelry and clothing from burnt area unless stuck to the burn

5. Cover burn with a non-adherent dressing

- Aluminum foil, plastic wrap, or a wet clean dressing may be used

6. Extensive burns are dangerous and may be fatal

WARNING

DO NOT - apply lotions, ointment or fat to burns.

DO NOT - touch injured areas or burst any blisters.

DO NOT - remove anything sticking to the burn.

Manage patient for **SHOCK** if burn is large or deep.

SEEK MEDICAL AID URGENTLY IF:

- Burn is deep, even if patient does not feel any pain.
- A superficial burn is larger than a 20 cent piece.
- The burn involves airway, face, hands or genitals.
- You are unsure of the severity of the burn.

Excite Safety Training Pty Ltd

PO Box 735 Cronulla NSW 2230

Ph: 0432 614 963

www.excitesafety.com.au

enquiries@excitesafety.com.au



The above information is the recommended action to take during an emergency situation. Excite Safety Training recommends that First Aid training be obtained and that these tools and information are not a replacement for obtaining First Aid training. Excite Safety Training will in no way be held responsible for the incorrect application or misuse of this information.