



FACT SHEET



DRSABCD

Danger-

Check for danger to Yourself, the Patient and Bystanders

Response-

Check for response by Talk and Touch

Send for help-

If unresponsive send for help by calling Triple Zero (000)

Airway-

Open airway and ensure it is clear. If not roll patient on their side and clear the airway

Breathing-

Check breathing. If the patient is not breathing or the breathing is Not Normal commence CPR

CPR-

Start CPR

Give 30 chest compressions followed by 2 rescue breaths.

Defibrillation-

Attach Automatic External Defibrillator (AED) as soon as possible and follow its prompts.

Further Information

- If unable or unwilling to conduct breathing then continue with chest compressions only.
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The above information is the recommended action to take during an emergency situation. Excite Safety Training recommends that First Aid training be obtained and that these tools and information are not a replacement for obtaining First Aid training. Excite Safety Training will in no way be held responsible for the incorrect application or misuse of this information.