



FACT SHEET



Anaphylaxis (severe allergic reaction)

Conscious patient

1. Follow DRSABCD

Help patient to sit or lie in a position that assists breathing

2. If the patient is carrying an auto injector (e.g. Epipen®, AnaPen®), it should be used at once

- Let patient administer the auto-injector themselves, or ask if they require assistance

3. Call Triple Zero (000) for an ambulance

4. Keep the patient in lying or sitting position

- Observe and record pulse and breathing

5. If no response after 5 minutes, further adrenaline may be given.

Unconscious patient

1. Immediately administer the adrenaline auto inject, if available

2. Follow DRSABCD

WARNING

Anaphylaxis is a severe allergic reaction and potentially life threatening. Always treat as a medical emergency.



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The above information is the recommended action to take during an emergency situation. Excite Safety Training recommends that First Aid training be obtained and that these tools and information are not a replacement for obtaining First Aid training. Excite Safety Training will in no way be held responsible for the incorrect application or misuse of this information.